

AGES 12-15

Print & Pattern Lab

Test a motif. Shift it. Let repetition do the talking.

A small studio invitation from Palmina

Use what you already have. There is no single right result.

MATERIALS TO GATHER

- ☐ Paper or a sketchbook
- ☐ Washable water-based color or ink
- ☐ Brush or roller
- ☐ Cardboard, foam, or a clean textured object
- ☐ Pencil and a cloth

A NOTE BEFORE YOU BEGIN

Safety note: Use washable, water-based color in a ventilated workspace. Avoid sharp cutting tools unless an adult has cleared and supervised their use.

YOUR STARTING PROMPT

What are you curious to notice, try, or change today? Write a word or draw a first mark here. _____

MAKE / NOTICE / TRY AGAIN

Four moves for your studio time

1

Choose one motif

Sketch one simple shape that can repeat: a leaf, a wave, a letter, a symbol, or an abstract mark.

2

Make a test print

Apply a thin, even layer of color. Press, lift straight up, and label the result: light, dark, clear, or textured.

3

Build a rhythm

Repeat the motif in rows, rings, or a loose grid. Change only one thing at a time: direction, spacing, scale, or overlap.

4

Edit like a designer

Circle the strongest section. Add a title and one sentence about the rule you created—or broke.

PAUSE + LOOK

Experiment log: make two quick swatches—one controlled, one messy—and compare what each communicates.

Use the next page to collect your ideas, tests, and notes.

YOUR WORKSHEET

Make room for your version

My motif is:

My pattern rule is:

The most interesting accident was:

SKETCH / PLAN / PLAY

Use this space to draw a plan, test a mark, or record what happened.

TEST PRINTS / MARKS			

[FINISH + SHARE](#)

A few questions to carry forward

What part felt easiest to begin?

What surprised you while you worked?

What would you change, repeat, or explore next time?

MAKE IT YOURS

There is no finish line for a creative practice. Keep this sheet with your work, make another version, or pass the invitation to someone who wants to try.

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Art materials for every age and every beginning.